

AURA
PHOTO PROS
Aura Chakra Report



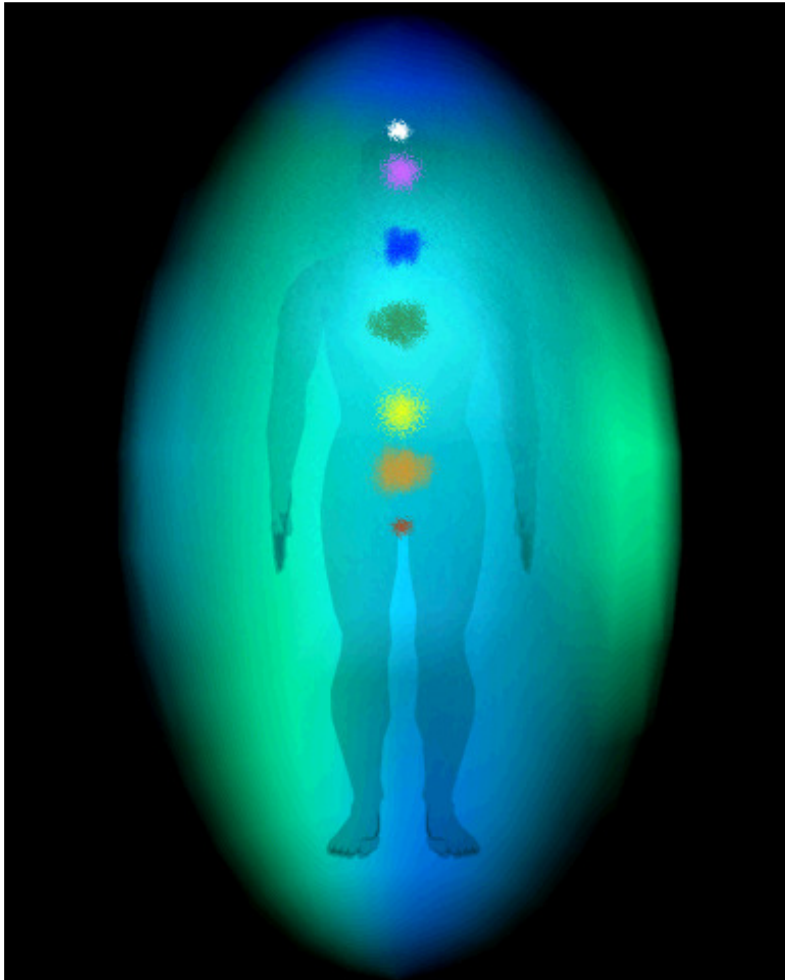
Jaleka

BLUE caring, healer, helpful, supportive, loving

3/17/23 5:20 PM

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YOUR AURA CHAKRA ANALYSIS

The **AURA VIDEO STATION** measures your data through hand sensors. This data is analyzed, processed and mapped to specific aura-chakra states.

Your **Aura-Chakra Photo and Report** gives you a colorful, visual and graphical representation of the measured data. This information is for educational and entertaining purposes only. For *any* medical or therapeutic diagnosis, please consult your health professional.

YOUR AURA COLOR TYPE

Your main **aura color** reflects your **personality type and traits**.

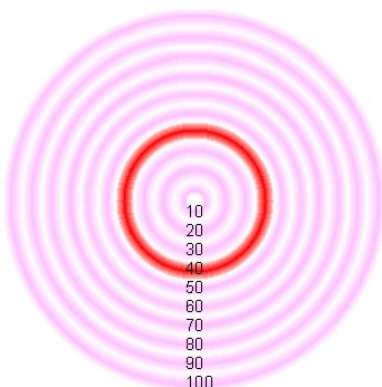




Aura Chakra Report

YOUR AURA SIZE

The red circle indicates the **size of your aura** and is an important indicator of how much energy you radiate around you.



Large, Wide Aura (75-100) Indicates a strong and powerful radiance. Other people can feel your strong aura. Use your charisma and aura power to achieve your goals and dreams.

Middle, Average Aura (40-75) Indicates you have a strong presence and radiant energy. You can achieve your goals by increasing your aura even more and focusing on your goals.

Small Aura (0-40) Indicates low energy level. Others might perceive you as introverted or with low physical energy. Try to create a stronger radiance around you and increase your aura power.

CHAKRA SIZE & SHAPE OVERVIEW

Look for the following variations of each **chakra**:



ROUND: Balanced, harmonious chakra activity.



OVAL: Slightly unbalanced chakra.



LARGE: Overactive, high-energy activity.



SMALL: Underactive, low energy activity.



BRIGHT: Balanced, high energy. Positive qualities of chakra.



DARK: Low energy, unbalanced, stressed chakra activity.

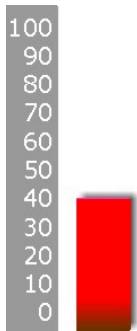


YOUR CHAKRA ACTIVITY

Knowing about your **energy centers** or **chakras** may help you gain insight into creating greater balance and harmony in your life.

1. BASE CHAKRA

This **chakra** is located at the end of the spine and corresponds to life energy, physical activity, emotional strength, will power and sexuality.



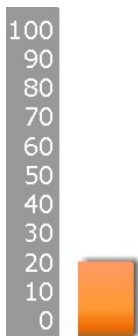
High life energy, radiant, sensual and passionate qualities.

Medium life energy, active lifestyle.

Low life energy, survival, accidents, stress qualities.
 You need to recharge your field energies and vitality.

2. NAVEL CHAKRA

This **chakra** is located below the navel and corresponds to creative, productive and emotional expression of life energy.



High productivity, strong emotional expression.

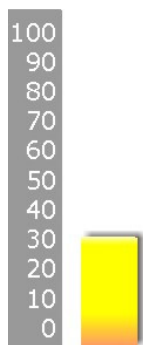
Medium productivity and emotional creativity.

Low productivity and creativity, limited emotional expression.
 Increase your creative qualities and abilities.



3. SOLAR PLEXUS CHAKRA

This **chakra** is located at the solar plexus and corresponds to personal power, creative and intellectual thoughts.



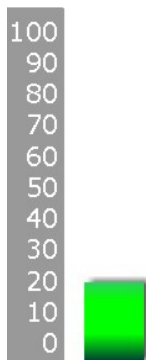
High creativity, intellectual and analytical thinking, playful qualities.

Medium creativity, intellectual and analytical thinking, playful qualities.

Low creativity, intellectual and analytical thinking or playful qualities.
Have more fun and joy in your life, increase your creativity.

4. HEART CHAKRA

This **chakra** is located around the heart and corresponds to unconditional love, self-love and forgiveness. It relates to the balance between Body, Mind and Spirit energy.



Very heartfelt, loving and sensitive qualities.

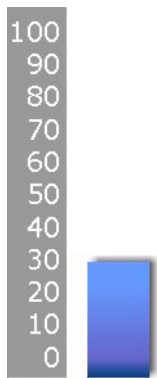
Average loving and sensitive qualities.

Low heart energy and expressive qualities.
Need to open heart and feel thoughts and emotions more deeply.



5. THROAT CHAKRA

This **chakra** is located around the throat and relates to communication, speech, social abilities, verbal and emotional expression.



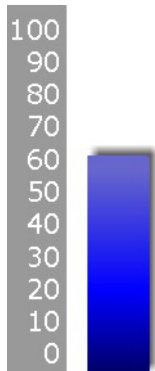
Strong expression of thought, emotions and communicative qualities.

Average communicative qualities.

Unbalanced energy, limited emotional and verbal expression.
Find new ways to express your thoughts and emotions.

6. THIRD EYE CHAKRA

This **chakra** is located between the eyes and corresponds to intuition, vision, and artistic and creative thoughts.



High intuitive energy, strong artistic and intuitive qualities.

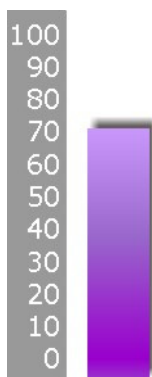
Medium intuitive energy, average artistic and intuitive qualities.

Low intuitive energy, artistic and intuitive qualities.
Need to increase intuition and creative and artistic thoughts.



7. CROWN CHAKRA

This **chakra** is located on top of the head and corresponds to intuition, spirituality and enlightenment.



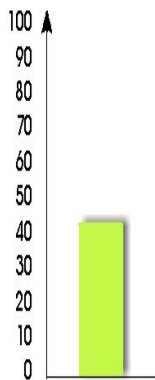
High intuitive energy, radiant, sensitive and spiritual qualities.

Medium intuitive energy, radiant, sensitive and spiritual qualities.

Low intuitive energy, sensitive and spiritual qualities.
Need to find new direction and vision in your life.

YOUR AURA CHAKRA BALANCE

This graph indicates your *overall aura chakra* balance.



Very balanced. Aura and chakras are in harmony.

Average balance. Aura and chakras are not fully balanced.

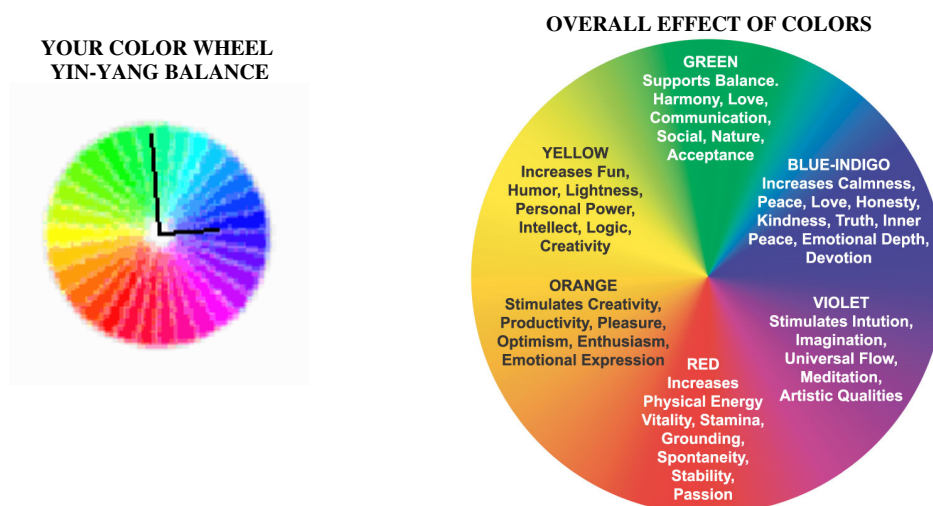
Very unbalanced. Aura and chakras are stressed with low energy.
Improve your aura and chakras conditions. More harmony needed.

YOUR ENERGY-DATA ANALYSIS




The following **energy-data graphs** and **meters** reflect important parts of your energetic body system.

COLOR WHEEL / YIN-YANG

The **color wheel** gives you an overview of the complete aura color range. It is recommended to use your *aura color* or the *complementary-opposite color* to relax and balance yourself.



This graph also indicates your **Yin-Yang balance**. The short needle reflects the Yin-female-left qualities. The long needle the Yang-male-right qualities of your energy system.

-  Yin-Yang balance with needles close together indicates male-female energies seem to be in harmony.
-  Unbalanced, disharmonious, left-female and right-male energies need balancing.
-  Very unbalanced, one energy side might feel tense or stressed. Balancing is recommended.



Aura Chakra Report

YOUR MIND-BODY-SPIRIT GRAPH

This **Mind-Body-Spirit graph** gives you an overview of how your energies are distributed between body, mind and spirit energy.



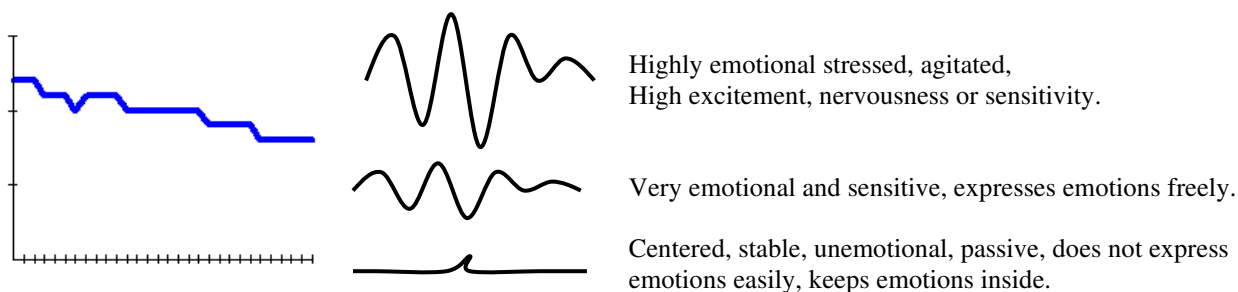
MIND: Your focus is mainly on creativity, mental and emotional expression, and communication.

BODY: Your focus is on physical reality and results, and field-related activities.

SPIRIT: Your focus is on personal development, feelings, intuition, spirituality and inner qualities.

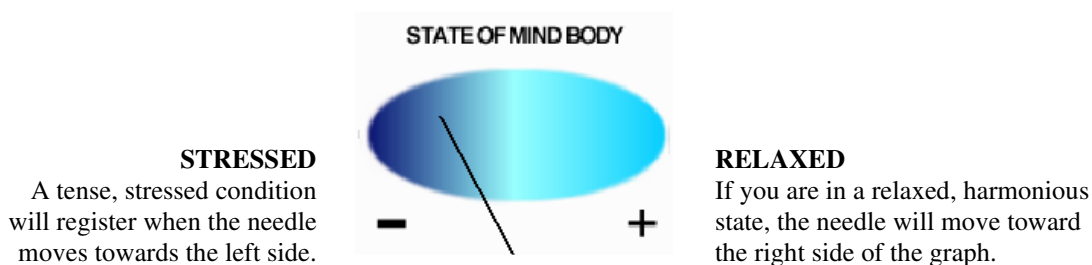
YOUR EMOTIOMETER

The **emotimeter** shows your emotional reactions, true thoughts and inner feelings. Real-time graphic indicators display immediate response of true feelings and thoughts.



YOUR STATE OF MIND-BODY GRAPH

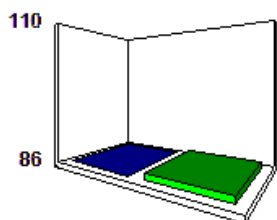
The **state-of-mind body graph** displays your overall mind/body condition.





YOUR STRESS/RELAXATION GRAPH

The **relaxation graph** shows your energetic relaxation or stress energy level. The left blue bar is used as a baseline (environment). The green bar and left top numeric value show your **personal energetic relaxation level**.

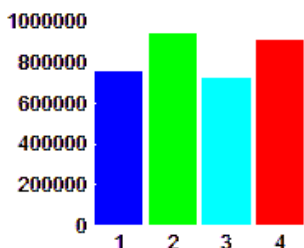


GREEN BAR = YOUR RELAXATION LEVEL

- 110+ High relaxation, very balanced and high energy
- 100
- 95 Average daily physical activity or relaxation level
- 90
- 80- High physical stress, low circulation, low physical energy

YOUR ENERGY LEVEL GRAPH

The **energy level graph** shows the different energy channels that are measured and is based on your *electro-dermal* activity. The **Indigo Channel (1)** represents your **Intuitive Energy**. The **Green Channel (2)** represents your **Mental Energy**. The **Light Blue Channel (3)** represents your **Emotional Energy**. The **Red Channel (4)** represents your **Physical Energy**.



- 1,500,000 **Extremely High Vibration Range**
- 800,000 More grounding and focus is needed.
- 800,000 **High Vibration Range** Great for intuitive and sensitive activities. More grounding and focus is recommended.
- 500,000
- 500,000 **Medium Vibration Range** Great for daily activities. Shows mind-body-spirit balance.
- 250,000
- 250,000 **Low Vibration Range** Great to achieve goals and recharge your energy. Relaxation is also advised.
- 70,000
- 70,000 **Very Low Vibration Range**
- 10,000 Increasing sensitivity and energy level needed.

Even bars indicate that the different energy channels are flowing in harmony and each part of your system is vibrating at the same frequency. Uneven bars show that there is disharmony in your energy flow and part of your system may be out of balance.

The values indicate your **vibrational rate**, starting with low values from 10,000 to high values up to 1,500,000.



YOUR PERSONAL AURA COLORS

Please review the following areas on your **aura-chakra photo**:

Left Side (Female-Yin)

The color on the left side is normally the vibration coming into your being. It is what you feel inside, but might not have expressed.

Above Head (Thoughts-Beliefs)

The color over your head is what you experience for yourself *now*. It reflects what you think or believe at that moment and shows your current state of mind.

Right Side (Male-Yang)

The color on the right side is traditionally the energy being expressed, the qualities most likely seen or felt by others around you. It is what you are putting out to the world.

Center (Base Aura Color)

Your most dominant Aura Color is seen in the center of your body. This Base Aura Color helps determine your Personality Type and does not change as fast as the outside colors.

Dark, muddy or multiple Aura Colors

You might be stressed and tired. You may be in a period of tremendous growth and change reflected by several aura colors.

Chakras

The shape, size and intensity of the color of each chakra reflects various physical, emotional, mental and spiritual states within your aura.

Round, circular chakras show a balanced energy system.

Non-circular, blurred chakras show an imbalance in your energy centers. Also look at the color and brightness of each chakra for a more detailed analysis.



AURA COLORS OVERVIEW

- Deep Red:** Realistic, grounded, active, strong will-power, survival-oriented.
- Red:** Active, powerful, energetic, vitality, competitive, winner, sexual, passionate.
- Orange-Red:** Confidence, creative power.
- Orange:** Creative, productive, adventurous, courageous, relates to emotions.
- Orange-Yellow:** Analytical thinker, creative, intelligent, scientific, detail oriented, perfectionist.
- Yellow:** Creative, intelligent, playful, lightness, optimistic, easy-going, relates to life energy.
- Yellow-Green:** Communicative, creative with heart.
- Green:** Teacher, social, communicator, love people, animals, nature.
- Blue-Green:** Healer, therapist, sensitive, peace, tranquility, compassionate.
- Blue:** Caring, sensitive, loving, helpful, intuition, love to help others.
- Indigo:** Intuitive, sensitive, loyal, deep feelings, visual, relates to the third eye.
- Violet:** Intuitive, artistic, magical, futuristic, idealistic, relates to crown.
- Lavender:** Imagination, visionary, daydreamer, etheric.
- White:** Spiritual, transcendent, higher dimensions, etheric and non-physical qualities.

LEFT DOMINANT

Your female, left side of your field seems to be more active than your right active masculine side. Answer these questions for yourself:

Do you feel a slight physical imbalance between your left and right field side?

Is your left side more sensitive? Are there feelings that need to be expressed?

Are you very active in your life but often don't listen to your inner feelings?

HEART DOMINANT

Your heart energies seem to be very active right now. Answer these questions for yourself:

Do you have friends or family you can share your feelings with?

Do you feel strong and intense emotions in your heart at the moment?

What feelings are waiting to be expressed and shared?

STRESSED / LOW ENERGY

Is it a very stressful time for you right now? Are you going through a lot of changes or are you working on too many projects at once? Your Aura shows that you are not very energized. You might be very active but in reality you are using up your internal battery. It might be time for you to relax your mind and field on a regular basis. Why not go to the beach or mountains to unwind and recharge your inner batteries. Ask your consultant for products to help you to be more creative, balanced and relaxed.

Your Individual Aura Color Analysis

Blue in the Aura

Blue indicates a strong sense of peace and calmness. Clear bright blue shows gentleness and a sensitive nature, while deeper blue shows communication ability and a love of conversation. Dark blue that is muddy shows a lack of energy and reveals emotions of loneliness, emotional-energetic uneasiness and melancholy. There can be isolation and a sense of being abandoned. Blue is the color associated with the fifth or Throat Chakra.

Are you more concerned about others than yourself?

Is it difficult for you to set your boundaries and to say NO?

Do you thrive in a healthy, loving and caring relationship?

Do you express your deepest emotions and feelings to others?

Do you have enough time to relax and recharge yourself?

Indigo Around the Head

Bright Indigo indicates that you are a clear and precise thinker and communicator with powerful intuition. You express yourself carefully after you feel safe and understood. You have excellent abilities as a teacher and peacemaker. Your inner spiritual life is important and you have artistic and aesthetic sensibility. Clear deep Indigo shows your desire to be of service. You may be drawn to a humanitarian or healing energy profession. Dark and muddy Indigo shows a withdrawal of personality and energies. You may be introverted, feeling misunderstood, not wanting to deal with the world. You may need to escape through dreams and fantasies.

Blue on the Left

Clear bright blue flowing into your aura shows harmony and peace coming into your life. You can communicate well, attracting others who understand your perception of life and benefit from your healing energy presence. Your sense of loyalty is strong and your thinking clear. Dark muddy blue indicates inhibited thinking and a need to withdraw and heal. You may feel misunderstood and trapped.

Blue on the Right

Clear bright blue shows inner certainty, self-confidence and an internal connection with the Divine, manifesting in your outward personality. You are a calm focal point in any company, radiating peace, faith and hope. Deeper clear blue indicates your teaching ability and shows that you are able to communicate ideas and concepts easily. Muddy dark blue shows insecurity and unhappiness. Your energy may be low and you may be too introverted. You may be feeling that nothing seems to go right.

Blue in the Heart Area

Clear, deep and bright blue in this area indicates that you are expressing a tremendous amount of energy from your heart. Check yourself for a balance between giving to others and to yourself. It may be necessary for you to nurture and take care of yourself more. Dark muddy blue in the heart shows that you have internalized unhappiness and pain, and may lack self love.

BLUE PERSONALITIES

The following are the energetic-qualities with BLUE personalities:

Area	Description
<i>Physical</i>	Helpful, caring, peaceful, relaxed, tranquil, calm physically active, tired.
<i>Emotional</i>	Heartfelt, sensitive, caring, calm, deep feelings, peaceful, appreciative, tender, devotion, empathy, trust, surrender, easily hurt, self-pity.
<i>Mental</i>	Clarity, calm, peaceful, balanced thinking, contentment, quiet.
<i>Spiritual</i>	God is love & compassion, relationships and spirituality are most important.
<i>Motivation</i>	Peace and harmony they experience, how much support & love they can give.
<i>Mission/Vision</i>	To serve mankind, give and receive love and compassion.
<i>Growth</i>	Change victim/helpless state of mind into responsibility, taking care of themselves, stay clear.
<i>Exercise</i>	Walking, bicycling, picnicking, all water activities, beach, swimming.
<i>Recharge battery</i>	Meditation, soft music, walking in nature, living in a nurturing environment.
<i>Communication</i>	Soft voices, feelings are expressed, personal and intimate.
<i>Interaction</i>	Conservative, family oriented, careful, supportive.
<i>Relationships</i>	Harmonious, peaceful, loving, caring.
<i>Social, Friends</i>	Very social, do anything for family and friends.
<i>Sex, Intimacy</i>	Sensitivity and love, need intimacy more than sex.
<i>Money</i>	Security, safety, satisfy needs.
<i>Success</i>	How much love they give and how much they are loved by others.
<i>Occupation</i>	All caring, humanitarian, supportive occupations, wherever help is needed.
<i>Career</i>	Nurse, caretaker, priest, housewife, child care, social worker, teacher, therapist, consultant, healer, secretary, accountant.

If you want to know more about your BLUE Personality Type, we suggest that you review the INDIGO and GREEN profile in the book AURA MASTERY.

MIND/ENERGY

Blues are the most caring, nurturing and protective personalities. They live from their hearts and their emotions. Their life purpose is to serve, help and love others. They teach humanity that without love, nothing else matters. Blues are on this planet to serve mankind.

The honest Blue personality expresses surrender, devotion, dedication to humanity, and high values. Blues are friendly and loving with open hearts, needing a lot of time for themselves to maintain this center of peace.

Their motivation is to serve and help others, expressing love and affection. They process ideas and concepts based on feelings and intuition rather than from a mental point of view. As a result, Blues may not feel in their element when highly intellectual subjects are being discussed.

Intuition and emotional behavior may not be as readily accepted as intellectual thinking or scientific facts. But for Blues, there are no real facts except that which comes from their heart and soul.

Blues have a natural inner knowledge and wisdom. They feel and know things without needing facts or data for substantiation. The moment they become still inside, they will tune into an inner voice that will guide them. They are very empathic, feeling the emotions and thoughts of others. Their challenge is to protect themselves so they do not take on the feelings of those around them.

Blues are the most emotional of all the color personalities and need to constantly clear and center themselves. Helpful activities for Blues are talking with friends about their inner path, writing in a journal or just being quiet so their intense emotions can subside.

Some Blues are more concerned about others than themselves. They are born caretakers and mothers. They remember birthdays, care for those who are not well and always have a shoulder for others to cry on. They are born advisers, counselors, and practitioners. Many people enjoy being with Blues because they express so much love, acceptance and forgiveness.

Blues cry easily, releasing powerful emotions of joy, sorrow, compassion and humility. The other color personalities often have a challenge understanding the intense emotional energy of a Blue. However, this emotional depth gives them the ability to be warm, compassionate and protective towards others.

The major gifts of Blues are their ability to express unconditional love, their powerful intuition, and their "inner knowledge." No matter what happens, Blues will always forgive. They might be seen as "too nice" and may therefore be taken advantage of. Therefore, they must stand up for themselves in all situations, not allowing any abuse against them.

Blues usually accept the authority of others without offering any resistance. Non violence is their motto. Their challenge is to discern carefully, staying in their power and to actually say "No," when appropriate. To honor themselves first, is essential. Otherwise they will allow themselves to be used and taken advantage of, feeling frustrated, and hopeless.

Some Blues are also primarily focused on the concerns of others. They enjoy listening to their challenges, having the capacity to understand and not judge what they are going through. Because they spend so much time involved with the interests of others, they sometimes forget to look at their own. The most important issue for Blues is to spend more time working on their own personal growth than helping those around them.

Some Blues have a basic fear that others might push them away, reject them or no longer love them, if they make it clear that their life must come first. The fear of hurting others is a reflection of their own fears of being hurt. They need to recognize the tremendous benefits of Self-Love and to understand that "no" does not mean the same as, "I don't love you." They need to define their boundaries with other people because they have a tendency of allowing friends and even strangers to come into their energy field without having adequate protection.

Sometimes Blues take on the energies and qualities of others. This can especially happen while they are helping and nurturing others in the capacity of caretakers. This can occur to the point where they actually take on their energetic issues.

The challenge of Blues is to recognize and accept that they are loved. Because of their sensitivity, they can easily become hurt. They want to feel accepted and may do anything to receive a small amount of attention or affection.

Blues are precise and clear in their thinking. From a mental standpoint they are usually in a peaceful and calm state of mind. They focus more on their feelings and emotions than on their thoughts. It is a task for them to formulate their perceptions into detailed analytical communication.

Blues usually do not like physical activity or work. For these sensitive beings the physical world often seems loud, brutal and harsh. They prefer to reside in their own emotional and spiritual world. They enjoy casual sports or activities they can practice with friends and family. These would include walking, swimming and simple games. Because they are not very physically active and because Blue is the color of expansion, they may easily gain weight.

If Blues are not living in harmony, they can be dramatic and consuming, constantly looking for someone or some thing to love. They may see themselves as victims being manipulated and they will be filled with self-pity. Sometimes they may feel that they have to love in order to feel worthy, and then be loved in return, putting conditions on their love.

An unbalanced Blue lacks self-confidence and may experience feelings of worthlessness, questioning if they are truly worthy. If they are told they are loved a hundred times and criticized for something one time, they will remember the criticism. They may consider themselves responsible for mistakes that did not involve them, taking matters personally and excusing themselves a thousand times.

Blues are very spiritual beings. They believe in God, a Higher Power in the universe. God, prayer and religion play an important role in their life. They could not exist without spirituality and a belief that their purpose in life is aligned with it. For them, Spirituality means living day to day, connected to their inner guidance and intuition. This is their truth and this is how they are capable of such great love and compassion. They have tremendous faith and trust in God. In challenging and intense times they are able to connect with their powerful inner source so they can continue to help and support others.

SOCIAL LIFE

Blues enjoy being around people. They are very social, always concerned about the needs of others. Blues are found in all areas of society where service and support is needed. For them, nothing seems like too much if it is enjoyed and appreciated. It's their outlet for their powerful love and compassion.

Blues have life long friends. Even if they don't often have close physical contact, they are powerfully connected to those they love. They communicate their love and appreciation on all levels, including the more conventional ones like writing and talking on the phone.

Blues express the feminine or nurturing Mother Nature. They balance the active masculine aspect, helping us to integrate both energies in our society and within each of us.

RELATIONSHIPS AND INTIMACY

Living in healthy, harmonious relationships is essential for Blues. They want to love and to be loved. Blues make wonderful mates because they love to take care of and support their loved ones. They create a happy and harmonious life style with their family at the heart. They may expect their partner to return their love as powerfully and freely, and to be as supportive and caring. Their challenge may be to understand that other personalities might not understand the strong emotional depth they possess and have different emotional and mental behaviors.

Blues want to be married and to live in solid family relationships. Love and affection is more important to them than sex and passion. Kissing, cuddling and feeling the affection and emotional love of their partner may be more important than sexual excitement and stimulation. Sex is a deep, emotional and spiritual experience and creates a powerful bond with their partners, whom they often consider to be soul mates.

Blues are loyal and monogamous. Their test is to be aware that if they are too emotionally demanding with their partner, they might push them away. In disharmonious relationships they have challenges letting go, and remaining independent. Relationships may provide great challenges for Blues to let go.

Blues love the strength of Deep-Reds, the security of Orange-Yellows and the independence of Deep-Greens. They must insure that they are not being used and that their relationships are based on sensitivity and love.

Oranges and Blues are the opposite side of the spectrum and therefore can learn tremendously from each other. Blues relating with Blues can be too emotional where neither one has the power to lead and inspire. Blues love the passion and spirituality of Violets and Lavenders. Whites and Blues have God and spirituality as a basis for incredible relationships.

It is important for a Blue to create a spirituality balanced life with a loving sensitive partner. Then they will live a peaceful, happy and contented life.

CAREER AND FINANCES

Emotional and spiritual values are far more important to Blues than money, and they play a much larger role in their life than financial issues. Blues are careful with money and have a rather conservative approach to it. They need to make sure to cover all their expenses and needs and normally do not take any financial risks.

Blues make excellent counselors and therapists. They are great listeners and can easily tune into the feelings and thoughts of others. They love to be of service to others and especially on a one to one basis. If Blues choose an occupation, which does not offer opportunities that provide avenues to express these powerful qualities they process, they will not be happy.

In the past Blues may have been found predominately in private or social occupations or in their homes as mothers or housewives. In the last few decades more opportunities have become available and many Blues have expanded their horizons, going into business careers. They are loyal, supportive and team oriented. They lead with a strong team spirit and by their example. They show others that working together and creating a supportive environment allows a team to thrive, achieving amazing and powerful results.

Blues solve their challenges by staying calm and going within. They learn to listen to and trust their intuition, dealing with the situation from a place of self empowerment. Because of their strong inner knowledge, Blues usually know what they should do. Their challenge is to take action and make changes. Letting go of old habits and patterns and openly embracing new situations is their test.

Blues usually need time to make choices. But with their intuition they are able to make powerful decisions which are not only valuable for themselves, but to society in general. When Blues listen to their intuition and take action, they make tremendous growth and will expand their personal goal of self love and self nurturing to serve mankind.

Some Blue occupations are: practitioner, caretaker, priest, nun, housewife, mother, child care worker, service personal, social-worker, counselor, teacher, therapist, consultant, healer, secretary, accountant, personal manager and volunteer.

HEALTH, WELL-BEING AND GROWTH

To become truly centered, the challenge of Blues is to love themselves unconditionally. When they overcome their greatest fear of being alone and not being loved, they will express their powerful feelings freely, living a meaningful and fulfilling life.

It is important for Blues to set boundaries and make clear decisions. They must learn to express their feelings, say, "No," when it is appropriate and when they need to honor themselves. Connecting with their personal power and then using it allows them to achieve goals and express even more love.

Blues need to create a peaceful and harmonious environment. They need to make willful decisions as to who they want to have as friends and what work environments are acceptable to their well being. They must learn to protect themselves.

Blues need a lot of time for themselves. They like being in a quiet atmosphere, listening to harmonious music or just sitting in a peaceful room. Being alone is empowering and allows them to go within. They love to visit churches or other spiritual power spots to recharge their inner battery and to give them the energy they need to find their purpose in life. Meditation and prayer are the most important and effective tools they can use to achieve inner peace and happiness. Being around like-minded spiritual people is essential.

Blues need to constantly be aware of their sensitive emotional energy. Understanding their Mind/Body/Spirit relationship will help them to stay healthy and strong. Their mission is to first empower themselves through self love, and then to set a compelling example to all.